

# Activities Unlimited

Volume XXX Issue III

March, 2016

## Activities Unlimited General Meeting March 8, 2016

1:00 PM at the WRC in Heneveld Hall

Our guest for the AU General Meeting on March 8, 2016 will be Dave Frieder, a highly accomplished photographer. An Ansel Adams' poster in his home first got him interested in photography and he was lucky enough later to train with several protégés of Ansel Adams. He developed excellent technical skills, but something was missing. His mentor, Morley Baer, who had worked with Adams, advised him to find a subject that he cared about. Dave found his passion in the subject of "bridges." In his words: "... to 'Feel the Steel' was a way of understanding how and why bridges work and function." Dave's presentation will be more than a slide show. He will talk about the challenges and risks of climbing bridges, especially the GW, to get the right shot. His photos and comments will give us a whole new "take" on bridges and the human spirit. It will be a terrific presentation we are all sure to enjoy. Please plan to join us.

**Tom Butler**

### February Duplicate Bridge Results

Congratulations to Ari Spence for taking top honors in the February duplicate competition, scoring 59.7% of the possible match points.

Here are the top five results:

- |                 |       |
|-----------------|-------|
| 1. Ari Spence   | 59.7% |
| 2. Dick Gattoni | 55.1  |
| 3. Lee Warner   | 54.9  |
| 4. Bob Yampel   | 52.1  |
| 5. Don Martin   | 51.4  |

## Note from the President

It is my pleasure to announce that the AU Photography Club is back in operation. Thanks to **Ed Trerotola** and **Mike Hurd** who have agreed to be Co-Chairmen. Several members have expressed their interest and willingness to support this club. Please be patient as these Chairmen get organized before announcing their first meeting.

I received a very nice letter from Dick VerHage of the WRC that I wanted to share with all AU members:

*"On behalf of the Northside Food Panty and to all those volunteers of your Project Outreach program, please accept our heartfelt thanks for all your continuing efforts. Through the workings of Marty McGonigle, there has been a steady flow of men at our Thursday morning sessions and monthly off loading of food supplies.*

*Their efforts this past year have helped us provide food for over 2,400 families, including the elderly and children in the north section of Paterson, NJ. The problem of hunger is still with us and especially during this period of economic turn down.*

*Again, many thanks and may God richly bless you all."*

And finally, our goal of adding each member's photo to the website roster is progressing nicely. Actually, at the last General Meeting **Sam Ohan** began taking pictures of our members. He is working closely with Don Kirkpatrick to get this done. This is the first step, and it will take some time to complete. But, be assured, that the process has begun.

**George Lewis, President**

### NOTE FROM TRIPS & TOURS

The Mount Airy Casino trip will begin soon, March 29, 2016. Please get your checks in as soon as possible.

If you would like to go to the July AMISH COUNTRY TOUR please mail your check as soon as possible. We must give the tour company our final count by the end of April.

See page 6 for all of this year's planned TRIPS & TOURS

Please remember that WRC is a smoke-free environment. **This includes E-Cigarettes.**

	COMMITTEES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Vince Tortorelli	201-447-2261 201-447-3718	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	ED Foldessy Wes Cheringal	201-327-5767 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 923-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 923-248-6625	Mon 9:00
Historian	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
History	Pablo Catangay	201-684-1217	
Investment	Al Connelly Herb Umland	973-616-0755 201-891-6638	Thru after the AU General Meeting 9:30
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri	201-847-1981	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photographer	OPEN		
Photography	Ed Trerotola Mike Hurd	201-236-1368 201-891-1374	
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	3rd Fri 9:30
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco Dave Burtleigh	201-891-7185 201-485-8923	MWF
Transport.	Frank Nusspickel OPEN	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

	OFFICES		MEETING
President	George Lewis	201-891-5883	2nd Tue 1am
1st Vice-Pres.	Tom Butler	201-934-8161	
2nd VicePres.	Jim Webb	201-337-7982	
Secretary	Edwin Schlachman	973-423-1459	
Treasurer	Mike Hurd	201-891-1374	
Asst. Treas.	Mark Cohen	201-337-4198	



### Duplicate Bridge Results

		1st	2nd	3rd
1/27	NS	Rock/Warner	Freimuth/Martin Coughlin/Spence	—
	EW	Meloro/McAdam & Deaver	Levin/Wiest	Milcos/Wong
2/3	NS	Gattoni/Warner	Coughlin/Yampell	Detrick/Page
	EW	Hulit/Spence	Smith/Wiest	Foldessy/Gilpatrick
2/10	NS	Martin/Zelhof	Deaver/Levin	Coughlin/Hulit
	EW	Pasquariello/Warner	Spence/Yampell	Anand/Wong
2/17	NS	Gattoni/ MacDougall	Cheringal/Christie	Ricardi/Yampell Levin/Warner
		Lewis/Spence	Freimuth/Smith	Deaver/Rock
2/24	NS	MacDougal/Rock	Meloro/Yampell/ Cheringal	Foldessy/Page
	EW	Coughlin/Martin	Spence/Sweetgall	Smith/Warner

### Obituaries

**Janet Hauck** wife of **George Hauck** passed away on 1/15/2016

**Joseph Lux** passed away on 1/26/2016

**Robert (Bob) Saletta** passed away on 2/10/2016

**Ellen Crawford**, wife of deceased AU member **Wid Crawford**, passed away on 2/14/2016

**Betty Michel**, wife of AU Member **Fred Michel**, passed away

The deadline for April, 2016 Newsletter articles is 5 PM March 28, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com or mail to: Lou Guarneri  
128 MacLeish Court  
Mahwah, NJ 07430

**Food Pantry**  
At the January meeting \$201.00 was collected for the food pantry.

## Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Joseph W Petrucci Jr (Pattie)	35 Windsor Terr. Mahwah, NJ 07430	Executive	Investments and Hiking	201-738-0936 jp.jr1948@gmail.com
Henry Cruz (Beth)	153 Kenilworth Rd. Ridgewood, NJ 07430	Banking	Book Club, Cares & Concerns and Discussion Group	H: 201-444-3593 C: 201-820-7664 castoff13@aol.com
James M Deaver (Pat)	102 Windsor Circle Twp of Washington, NJ 07676	Manager	Bridge, Investments and Science	201-666-2066 jamesmdeaver@gmail.com
Burton Lerner (Rina)	20 Apache Rd Wayne, NJ 07470	Real Estate	AU Guys Band	973-839-1988 blhome@optonline.net
Al H Dauth (Donna)	396 Durham Ct Union, NJ 07083	Sales	Investments, Trips & tours, Science and Stock Market	N: 908-686-6608 C: 908-768-8240



Science

## The Science Club

Thanks to Murray Perl for his most interesting talk to us on 'Maintaining Balance in Space' at the February meeting. It was enjoyed by all.

Dr. Ligresti had to reschedule his talk on the State of the Art for management of Barrett's Esophagus Disease. He will speak to us at the March meeting, 1:00 pm on Tuesday, March 15, 2016. Several people have had family members and friends with various stages of this disease, and it should be of interest to all. Please note the meeting is 1 pm to accommodate the Doctor's schedule.

At the April 19th Meeting (Tuesday 10AM), Barry Ginsberg will speak on Diabetes. This disease is of interest to us all.

Plans for the May and June meetings are still in process. I would like to thank those who were at the February meeting and offered to give future talks.

We are all saddened by the loss of **Bob Saletta**, who started our Science Club almost 10 years ago. His leadership made it into the meaningful organization it is today.

Thanks to all who helped this past year with our activities, making presentations, arranging trips, setting up A/V equipment, making announcements at General Meetings, and keeping records.

Since there was not sufficient interest in a return trip to the Museum of in Natural History NY at this time--we will consider a Car Pool trip in the world to spring. A new exhibit on Dinosaurs is opening, featuring the Titanosaur, the fossils of which were found in the Patagonian Desert in Argentina in 2014.

Finally, thank you to our Co-Chairmen, **Ed Schlachman** and **Bob Talan**, as well as **Don Fairbairn** who has done our Attendance and Records and Member contacts.

**Jack Yurasek** (201-337-4433) Email--JYURASEK@AOL.COM

## Proposed Amendment to AU By-Laws

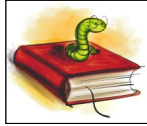
The Executive Board has approved the following amendment to the By Laws of Activities Unlimited to be submitted to the membership for a vote. The amended wording is underscored below.

By-Laws, Article VIII, Section 5.

Any member in good standing as of December 31, 2015 and who attains the age of 90 by January 1 of the membership year is no longer required to pay annual dues. Members joining after December 31, 2015 and reaching the age of 90 or more will continue to pay the then established annual dues.

### Background:

AU is fortunate that an ever increasing number of our members remain active in their nineties and beyond. We can estimate that, in the future, continuing to exempt a larger number of such members from paying annual dues would adversely affect the revenue needed to support AU activities. In such case, an increased amount of annual dues would be required of all other members. The policy of exempting members 90 and older from annual dues will continue for all members in good standing as of December 31, 2015. It is anticipated that a membership vote on the amendment will be taken at the April General Membership meeting, which follows publishing the proposed amendment in two issues of the AU Newsletter.



## The Book Club

### Books for March:

- \* MAYFLOWER - Nathaniel Philbrick
- \* ROAD ENDS - Mary Lawson
- \* GHETTOSIDE - Jill Leovy

A TIME TO KILL (John Grisham) introduced by **Vince Tortorelli** is a fictional story about a black man who shoots and kills the men who raped and killed his 10 year old daughter. The ensuing trial pits a young inexperienced defense attorney vs the more experienced savvy prosecutor. This plays out against the backdrop of a volatile social order with rioting KKK members and protesting black citizens. Book club members felt that the book, though an interesting story, seemed very contrived, especially the ending.....IT IS ABOUT ISLAM (Glenn Beck) recommended by **Lee Warner** provides a concise look into Muslim extremism. The author differentiates between the peaceful type of Islam practiced by most Muslims and the Islamist version practiced by the various terror organizations such as ISIS, Al Qaeda and the Muslim Brotherhood.....HOW TO WIN A COSMIC WAR (Reza Aslam) recommended by **Tom Butler** presents a more nuanced interpretation of the war on terror. The author makes a distinction between the cosmic grievances of the Global Jihadists (engaging in a "Holy War") and the earthly grievances of the Islamists (for example, Israeli oppression of the Palestinians and decades of corruption of secular Egyptian and Saudi leaders). Understanding the difference between these two concepts, in addition to having a greater appreciation of Muslim culture, will, the author believes, lead to a better understanding of the doctrine of jihad. Both this book and Glenn Beck's are provocative and led to a vigorous discussion of their pros and cons.

### Books for April:

- \* LOVING FRANK - Nancy Horan
- \* THE OREGON TRAIL - Rinker Buck
- \* BEING MORTAL - Atul Gawande

Our next meeting is March 9, 2016. All AU members are welcome to attend, whether or not you've read any of the books mentioned above.

**Joe Clinton**

[bhagan185@aol.com](mailto:bhagan185@aol.com)



## Public Discussion Group

The group enjoyed a very informative meeting this month. Almost all of our focus was on how we select delegates to the national nominating conventions. The process is lengthy, complex and very expensive for candidates. Unfortunately, few voters really appreciate how it works! More information about how delegates are chosen can be found in the discussion summary on the AU website. The group also discussed the significance of the timing of the caucus or primary dates, the issue of "proportionality" vs. "winner take all" and what happens if no candidate has a majority after the 1st ballot at the respective Conventions. Although it's a complex and confusing process, by the end of our meeting everyone had a better sense of how it works. Around this lengthy discussion, the group also talked about the meaning of the terms, "Conservative" and "Liberal," the significance of the Supreme Court vacancy and of course, a little bit of Trump. The meeting was lively, informative and fun.

The next meeting will be on Friday, March 18th at Larkin House at 9:30 am. Discussion topics will be: "What is causing gridlock in Congress?" and "Is the Constitution a living document?"



## Investment Study Group

### Investment Study Group February Field Trip

Eleven members attended a presentation by Fidelity Investments in Paramus on Feb. 11. Mr. John Gagliardi, a Fidelity VP, gave the presentation. He covered analysis & trading tools and the research and education facilities offered by Fidelity. Some points from Mr. Gagliardi's presentation:

- The advantage of the individual active investor is ease of getting in and out of markets and shifting asset classes. It is more difficult with mutual funds, ETFs and annuities.
- The individual investor needs business & trading plans.
- Trading plans need to include risk management such as rules for Stop Loss Orders and price targets.
- The individual investor should plan to spend one hour per month on each ETF and one hour per week on each stock. This time is spend reading news about stocks and sectors, selecting, reevaluating, and possibly resetting Stop Loss and Limit orders. It's a JOB.
- Scale in and out of trades.
- Be aware of the overall world and national situation, like yield curves, interest rates, & stock price of Campbell Soup (CPB) vs. S&P 500. His rule was that when Campbell's out performs the S&P times are bad. BTW over the last three months he is spot on.

CPB up **20.60%**  
S&P down **8.19%**

**In March, we are back to our traditional time and place Thursday, March 10, 2016 at WRC Heneveld Hall at 9:30.**

Our speaker will be Marc Bautis of Bautis Financial, a rising wealth management firm. He will talk about how to deal with the current market situation:

- Preserve wealth while generating income,
- Recognize and exploit opportunities,
- Preparing for the next market up turn.

**Al Connelly**  
973-616-0755  
alconnelly7@gmail.com

The AU Golf Club try their hand at indoor golf.



## Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

**Sign up sheets are nice, but money talks. Get your check in ASAP don't wait till it's too late.**

**TUESDAY, MARCH 29, 2016 – Mount Airy Casino** — Matinee Show, buffet lunch and tickets to the Kid Kyle Doo Wop show at 1:00 pm. You will enjoy this high energy show featuring all the music from the 50's and 60's that you know and love like "Why Do Fools Fall In Love", "I'm So Young", "Goody Goody", "Dream Lover" and so many more. Mount Airy gives \$20 of slot play per person; government issued photo ID is required. Bus leaves the WRC at 9:00 am returning about 6:00pm. Make your check for \$60.00 per person payable to "Activities Unlimited" and sent directly to: **Douglas Cooper, 15 David Alan Way, Montville, NJ 07045.**  
Tel 908-907-1112 or email dcoop1025@yahoo.com.

**FRIDAY, APRIL 22-25, 2016 — 4 Day Trip To Virginia Beach. CANCELED**

**THURSDAY, April 28, 2016 — NEW YORK BOTANICAL GARDEN.** We will see the Orchid Show first followed by a 1 hour Guided Tram Tour of Gardens, Lilacs and Daffodils should be in bloom. This will be followed by a lunch at Mario's Restaurant on Arthur Ave. The menu will consist of Salad, Penna Marinara, choice of entrée [**Veal Parmigiana, Chicken Francese or Filet of Sole Scampi style**], served with Vegetables, Mini Pastries and Coffee. There will be two wines per table. Entrees must be preselected prior to trip (**please include your choice with your check**), a color coded ticket will be issued for your choice. We will make some time for shopping on Arthur Avenue after lunch. We are using a 49 passenger bus, so we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 8:45 AM. for Botanical Garden. The cost is \$80. per participant. Please send your check made out to Activities Unlimited directly to: **Dick Botta 413-1D Bromley Place, Wyckoff, NJ 07481. 201-848-9001**

**Tuesday, May 10, 2016 — Annual Spring Luncheon/Dance at Indian Trails**

Doors will be open at 12:00 noon and a buffet lunch served at 12:30. Please sign up well in advance of May 10th, so we can plan the buffet and number of tables required. **Checks for \$25 per person should be made payable to Activities Unlimited and sent directly to: Jim Webb, 970 Pines Terrace Franklin Lakes NJ 07417. (201) 788-9085**

**JUNE Men's Beefsteak Dinner**

**JULY 13, 14 & 15, 2016: AMISH COUNTRY TOUR,** 3 days, 2 nights. Includes the Show Samson @ the Sights & Sounds Theater in Lancaster, PA & a visit to the Strasburg Museum RR Station & a Train Ride. A guided Tour of the Amish Countryside including a Smorgasbord Dinner at the Shady Maple. 2 nights lodging, Dinners, Bus & Gratuities. Bus leaves WRC at 8:30 am on July 13. Cost \$360. pp. **Reservation and you check must be received by April 23, 2016. Make checks payable to "Activities Unlimited" and mail to:**

**Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430, Tel: 201-825-5843**

**NOTE: we are opening this trip to friends of AU members.**

**THURSDAY, August 18, 2016 - Viva Las Vegas at the Stony Hill Inn, Hackensack,** "The King is Back and Better than Ever!" Join us for a special tribute to "Elvis", plus the Joe Zisa Band along with their great Las Vegas Review. Family style luncheon (three entries), two comp drinks, salad, dessert, coffee, tea, soda. Show starts at 11am and ends at 3pm. Your check for \$47.00 pp should be made payable to Activities Unlimited and sent to:

**Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430. Tel. 201-891-1873.** Dance, dine and enjoy an exciting afternoon. **Don't be left out. Send your checks in ASAP.**

**SEPT Wine Tasting party**

**THURSDAY, October 6th- German Festival- Ehrhardt's -Hawley, Pa.** Tap your toes or sing along to the Joe Lastovica Band playing a spirited mix of German music, old favorites and contemporary classics. Heidi the Bavarian Beer Girl will be back along with Marty Keller and his Alpine Horn & Bavarian act. The fun never stops. Trip includes Transportation, Dinner, Dancing and German Show. Bus leaves WRC at 8:30am and departs Ehrhardt's at 3:30pm. Coffee and Apple Streusel cake on arrival. Strudel making demo. Open Bar (beer, wine, soda). Family Style German Meal (3 entries) and Apple Strudel a la Mode. **Cost of trip is \$60 pp.** Send your check payable to Activities Unlimited to **Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430.** Questions contact Don at 201-891-1873.

**THURSDAY, November 17, 2016-Westchester Broadway Theatre Luncheon and Matinee Show- SATURDAY NIGHT FEVER.** Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves! Saturday Night Fever is one of the most loved dance stories of all time. Packed with over twenty legendary hits from the Bee Gees including the classics *Stayin' Alive, Night Fever, Jive Talking, You Should Be Dancing* and *How Deep is Your Love*, to name a few. The cost is \$80.00 per person and includes Show, Luncheon, Bus Transportation, Tips for bus driver and waiter. We are using a 49-passenger bus, therefore, we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 9:45am sharp and return by approximately 5:00pm. **Last date for receipt of paid reservations is 10/15/16.** Please send your check made payable to ACTIVITIES UNLIMITED to: **Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430 Tel 201-529-4784**

**December—Christmas Party**



**AU's Dick Gattoni leads 450 Veterans in the Pledge of Allegiance at the Wyckoff Y**

**The AU Guys Band entertains children at the WRC Preschool Program**



**MARDI GRAS**



**TO SEE PICTURES OF ALL OUR ACTIVITIES VISIT THE AU WEBSITE.**



**First-Class Mail**